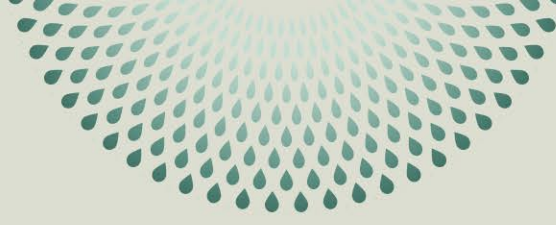


# The Subtle Qualities School



Jim Rajan

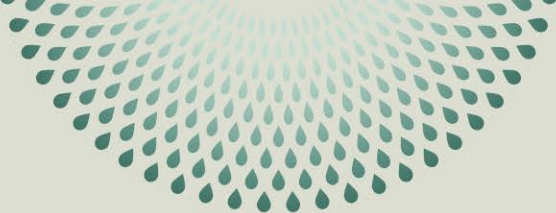


## The Subtle Qualities School

Is the first of its kind in the world, dedicated to the championing and transformation of People of High Sensitivity.

“The true teacher thirsts for the student to walk a greater path than their own.”  
- Jim Rajan





# The Subtle Qualities School

Presenting Our New Flagship Course:

## The Science of Sentience Training Program

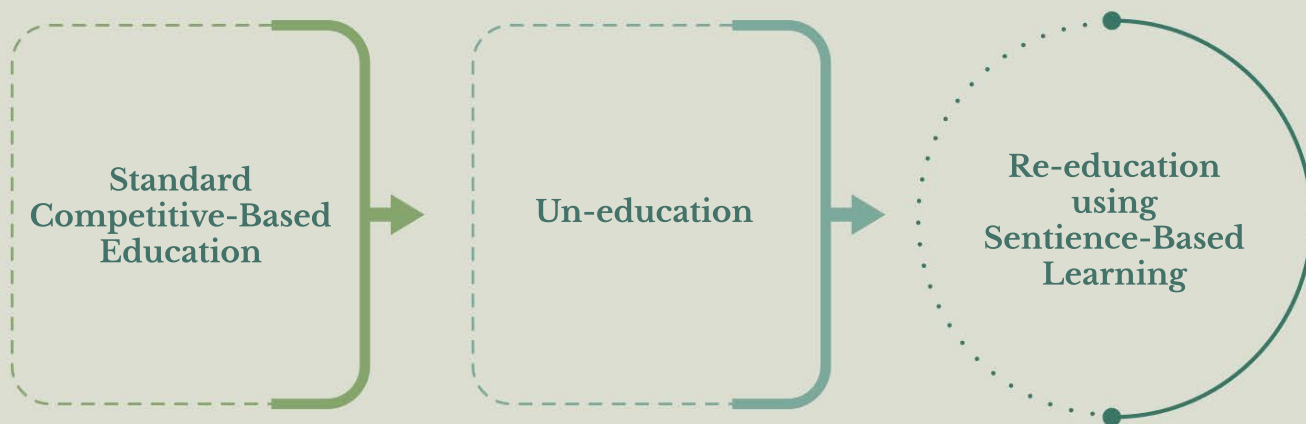
This 1 year part-time course has been designed specifically for those of High Sensitivity or those with family members of High Sensibility. It caters to individuals who might brand themselves as empaths, who absorb other people's feelings and emotions, sensitive to people, certain situations and environments.

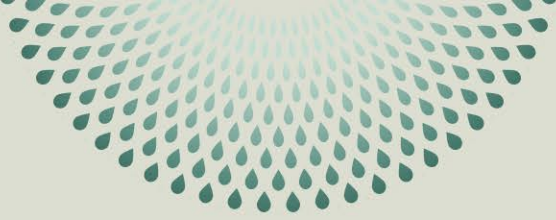
Hypersensitivity can lead to anxiety and low self-esteem. It is seen as a weakness or flaw in this modern, competition-based society. This course aims to deconstruct and rebuild such negative stereotyping from the inside out, using the solid foundations of The 5 Elements of Cohesion.

This is a one year course because many High-Sensitivity individuals need clear, consistent, unparalleled support in their transformation. One of the greatest needs of highly sensitive people is to take things slowly, at their own pace. They need to feel and absorb.

A bombardment of information is counterproductive, so this practical course has been designed to maintain consistency and quality of guidance, from beginning to end.

The new paradigm is that education is no longer information or certification-based. It is about fortifying and expressing one's own internal resources based on a solid personal code of conduct.





## The Subtle Qualities School

We offer a personalised program where the student will be guided to channel and transform their sensibility into talent, leading them to excel and advance in their personal, and professional lives, and relationships.

The course aims to produce an internal transformation. Coming from a feeling of frustration and inability to engage in life, or feelings of inferiority or ineptitude, students are encouraged and accompanied in embracing their sensibility as their don, path, gift or life purpose.

We open doors where others close them. We help the student create a way of life, a way of being that is safe, comfortable, and beneficial, where they are able to express themselves and their gifts freely without fear.

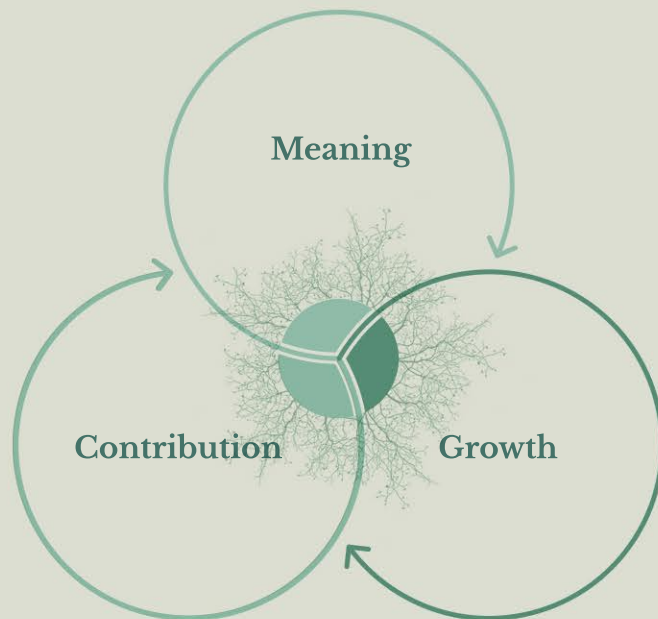
Our program is unique because of the high level of personal accompaniment, delivered by the School Principal, who has developed their own sensibilities and uses them to bring value to the community and society.





# The Subtle Qualities School

## Methodology



The Subtle Qualities School offers a cyclic learning system based on creative expression, motivation, and thought leadership.

Instead of traditional abstract models, the school walks with each student through practical, integrated tasks that build confidence, communication, discipline development, and the enhancement of their unique skill pool.

The course is specifically designed for people of high sensitivity, their guardians, and those who feel their sensitivity is adversely affecting their daily lives.

The students work within group and individual learning dynamics. They will progress in:

- Removal of conditioned filters
- Fortification of internal resources
- Opening new internal channels
- Developing holistic intelligence





## The Subtle Qualities School

Each student will be given practical assignments to be applied on a daily basis.

The course consists of the 4 Hour Monthly Online Group Session, and a 1 Hour Monthly One-on-One Personal Tutorial Session with the School Principal. These together constitute one module.

As well as the Personal Tutorial Sessions, students are welcome to contact the School Principal who will be available for support and questions whenever needed. Part of the Monthly Group Sessions will be an open forum dedicated to questions and answers.

The Monthly Group Sessions will be given in English, where an intermediate level is required. Students are given the option of having the Tutorial Sessions in English or Spanish.

The Monthly Group Sessions will be recorded so that students have continuous access to the material.

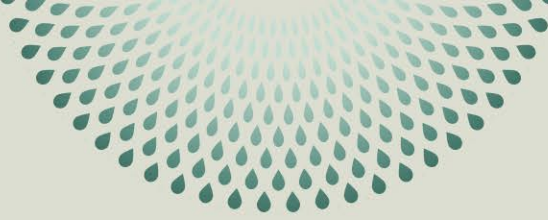
Because The Subtle Qualities School is International, the monthly group sessions will be placed at a time that fits various time zones.

The program consists of 8 modules, with the final 9th module being an In-Person Retreat.

To maintain the quality of the learning experience, the maximum number of students per group is 12.

“Sensitives make incredible innovators. Look at Einstein, look at Beethoven. When you get that, you’re in a class of your own, comparing ends.” - Jim Rajan





# The Subtle Qualities School

## Principles of Learning

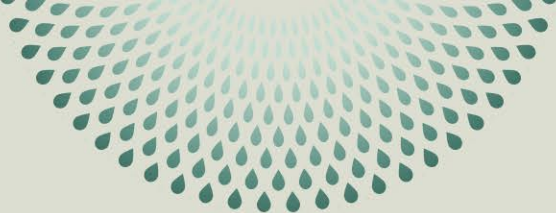
Instead of associating themselves with words such as awkward, problematic, delicate, or fragile, the program instills confidence, an attuned intelligence, and a sense of self-reliance that will help the student live a new way of being that is enterprising and forward-thinking.

The Subtle Qualities School bases itself on integrity in excellence of tuition, quality of in-depth learning experience, and the development of key skills that support each student to build a solid foundation to spring from.

We work on the principle of the “Circle of Trust.” Each member of the group is encouraged to actively support one another’s learning process in a trusting, caring, and respectful environment.

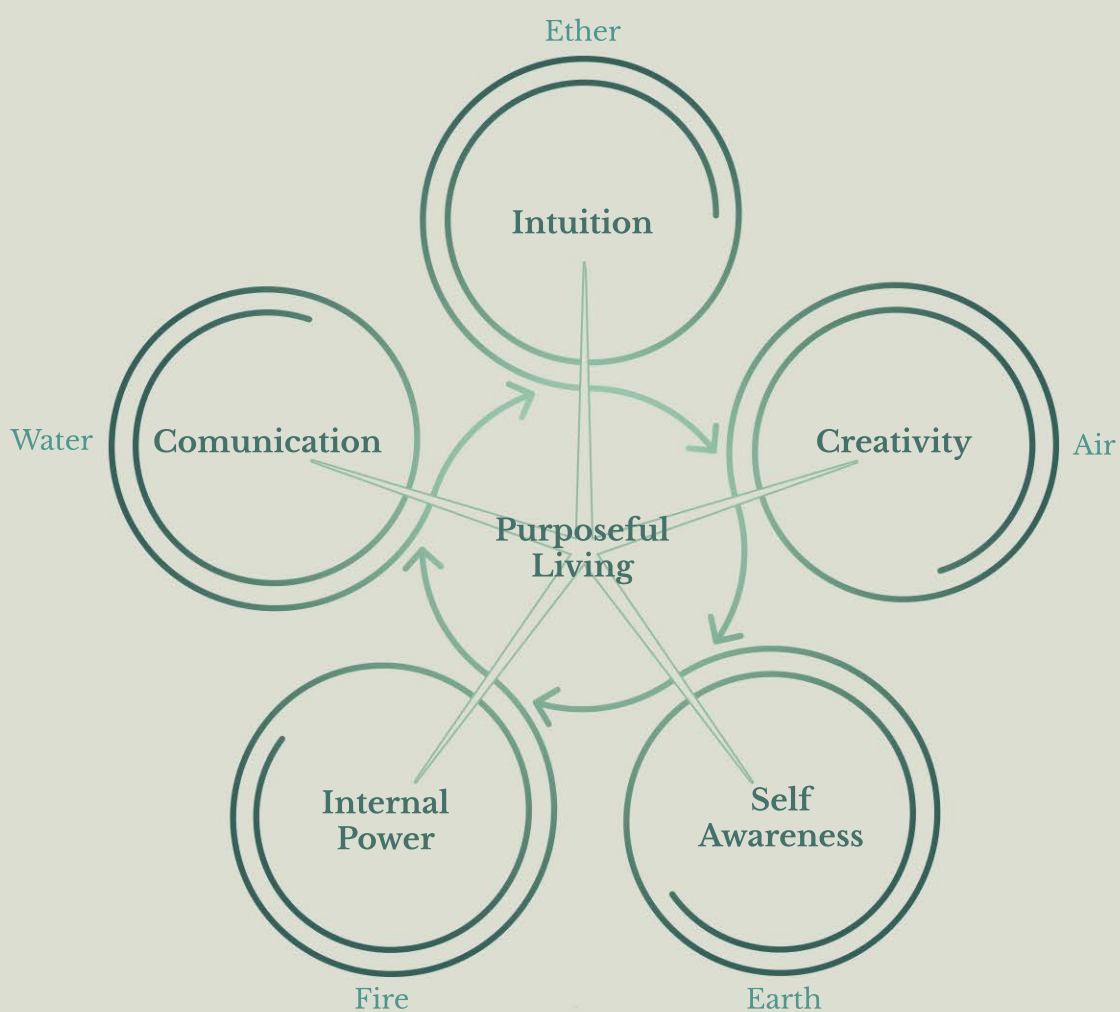
We accompany the students through the evolution of their own plasticity using our specifically designed program: The 5 Elements of Cohesion.





# The Subtle Qualities School

## The 5 Elements of Cohesion







# The Subtle Qualities School

## Modules

### Module 1:

19th of October 2024, 10am-2pm EST via Zoom

Introduction to the Subtle Qualities

In the first module, you will be introduced to the interconnectedness of the 5 Elements of Cohesion. You will lay the foundation and structure for the whole of the school year and walk through the gateway of your journey.

This module includes:

An Introduction to the Process

An Introduction to Advanced-Level Visualization Work

The Importance of the Circle of Trust

The Code of Conduct

### Module 2:

16th of November 2024, 10am-2pm EST via Zoom

Self Realisation

Module 2 is based on the element of Earth, “Self Awareness.” The students will be taken through this key foundation stone in the journey to Sentience. Old systems of conditioning will be loosened and new structures put in place.

This module includes:

Self Inquiry

Approaching Acceptance

Pirate Culture

### Module 3:

14th of December 2024, 10am-2pm EST via Zoom

Natural Evolution

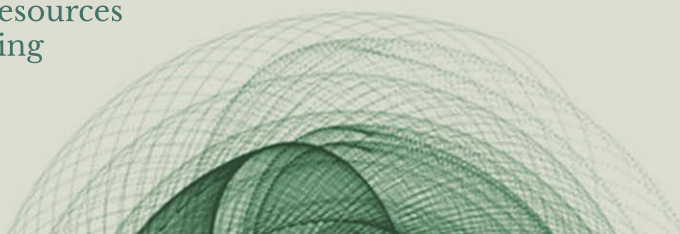
Module 3 works on the cultivation of new natural internal cycles within the individual. The students will cover the element of Fire, “Internal Power.”

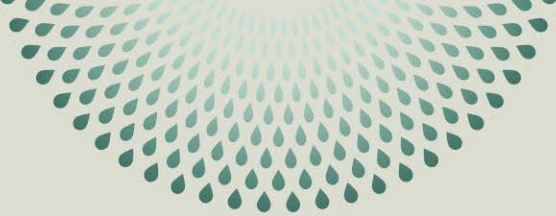
This module includes:

Accessing the Inner Resources

Non-Competitive Living

The Art of Discipline





# The Subtle Qualities School

## Modules

### Module 4:

18th of January 2025, 10am-2pm EST via Zoom

Freedom in Imagination

Module 4 is the investigation of one's own creativity, what it means to be creative and live creatively. We take the students through the element of Air, "Creativity." The creative being living a human existence.

This module includes:

The Importance of Self-Expression

Wrongness and Failure

The Synergy between Intuition and Creation

### Module 5:

15th of February 2025, 10am-2pm EST via Zoom

To Confide in Oneself

This module focuses on "Communication." The element of Water. The process of standing in the river of life and permitting its flow of expression through you.

This module includes:

Building Your Own Culture (Self-Trust)

The Subtle Qualities of Communication

Personal Story Development

### Module 6:

15th of March 2025, 10am-2pm EST via Zoom

Intuitive Nature

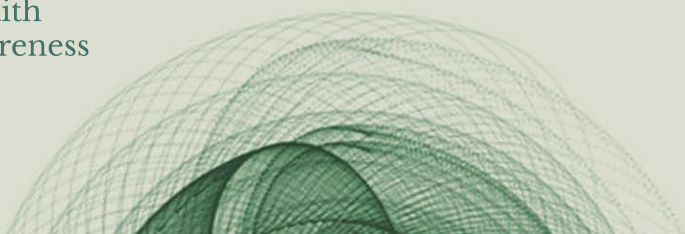
In Module 6 the students will work on the refinement of "Intuition," the element of Ether. The development of perception is the key component in the sensitive individual becoming self-reliant and empowered.

This module includes:

The Art of the Intuitive

The Importance of Faith

The Evolution of Awareness





# The Subtle Qualities School

## Modules

### **Module 7:**

12th of April 2025, 10am-2pm EST via Zoom

#### The Medicine

In Module 7, we deepen the path by taking the work further into human history and traditional practices. Fusing the 5 Elements of Cohesion intuitively together, our penultimate online session takes the students further into the process and into the beauty of trust.

This module includes:

The Personal Agreement  
The Path of Service  
Deep Listening

### **Module 8:**

17th May 2025, 10am-2pm EST via Zoom

#### The Cohesion

Our final online session brings the students to a new level of understanding and awareness. A solid structure has been built and is now put into practice, working specifically on the importance of mindset, tolerance, and exchange.

This module includes:

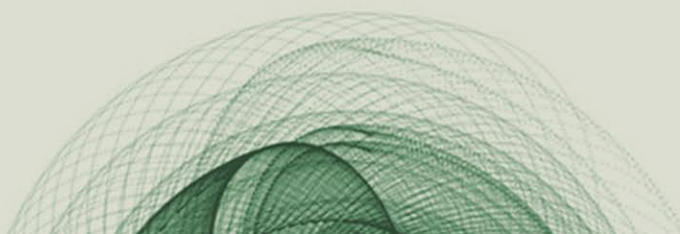
Continuous Learning and The Infinite Game  
Self-Artistry and Self-Mastery

### **Module 9 (4 Day Residential Retreat)**

5th - 8th of June 2025

Location to be confirmed.

An immersive, crystallising experience where the “Circle of Trust” comes together in the ultimate fortification of your internal power. There will be guest teachers, practical seminars, and the special end-of-year graduation ritual called The Arch of the Soul. This is a marvellous opportunity to cement your connection to the work and complete your commitment to the path.





# The Subtle Qualities School

## Pricing

To secure your place, and to make sure this course is a good fit for you and will cater to your needs, we like to conduct a simple 30min interview via Zoom before any payment is made. This way, we get to know each other, and you can ask any questions you have in a more personal way.

The Science of Sentience Training Program, Modules 1-8	1800 euros
The Science of Sentience Training Program, Modules 1-8 Paid monthly (8 payments of 265 euros)	2120 euros
Deposit to reserve your place on the course (deducted from final total)	100 euros
The cost of Module 9 (4 Day Residential Retreat)	TBC

The students must complete all 8 modules to gain access to the end-of-year intensive residential retreat. A 4 day course with guest teachers.

The Subtle Qualities School holds seminars and workshops throughout the year. For more information, check out our website, or ask to be put on our mailing list.

Thank you for your interest and confidence.

